

<u>Section 1. Nutrition Education and Wellness Promotion</u>		<u>Rating</u>	<u>Resources for Improving Wellness Policy</u>
NEWP1	Provides nutrition curriculum for each grade level.	2	Centers for Disease Control and Prevention (CDC)--Healthy Eating Curriculum CDC--School Health Education CT Department of Education (CTSDE) Society for Nutrition Education United States Department of Agriculture (USDA)--Nutrition Education USDA-Resources for Educators Colorado Department of Education
NEWP2	Links nutrition education with the school food environment.	2	USDA Wisconsin Department of Public Instruction
NEWP3	Nutrition education teaches skills that are behavior-focused.	2	CDC USDA--Empowering Youth USDA--Mypyramid game
NEWP4	Encourages staff to be role models for healthy behaviors.	2	USDA--Empowering Youth USDA--Professionals
NEWP5	Specifies district using the Centers for Disease Control and Prevention's (CDC) Coordinated School Health Program model or other coordinated/comprehensive method.	2	CDC
NEWP6	Specifies how district will engage families to provide information and/or solicit input to meet district wellness goals (e.g., through website, e-mail, parent conferences, or events).	1	Project PA USDA Louisiana Department of Education
NEWP7	Specifies marketing to promote healthy choices.	2	California Project Lean (CPL)
NEWP8	Specifies restricting marketing of unhealthful choices.	2	CPL National Policy and Legal Analysis Network (NPLAN)
NEWP9	Establishes an advisory committee to address health and wellness that is ongoing beyond policy development.	2	AFHK USDA

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Rating Resources for Improving Wellness Policy

Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 9. Multiply by 100. Do not count an item if the rating is "0."	100
Subtotal for Section 1	Strength Score: Count the number of items rated as "2" and divide this number by 9. Multiply by 100.	89